

Curriculum Development Overview
Unit Planning for High School Dance – Fundamental Pathway

Unit Title	Anatomy of Dancers		Length of Unit	2-3 weeks
Focusing Lens(es)	Structure and Function	Standards and Grade Level Expectations Addressed in this Unit	DA09-GR.HSFP-S.1-GLE.1, DA09-GR.HSFP-S.1-GLE.2, DA09-GR.HSFP-S.1-GLE.3 DA09-GR.HSFP-S.4-GLE.2	
Inquiry Questions (Engaging-Debatable):	<ul style="list-style-type: none"> • How does maintaining a strong center support arm and leg extension? (DA09-GR.HSFP-S.1-GLE.1,2,3) and (DA09-GR.HSFP-S.4-GLE.2-IQ.1) • In what ways does a dancer make informed choices about his or her health and wellness that may be different from a non-dancer? • How does a dancer’s expression of space/time/and energy change as his or her technical abilities increase? • What is the connection between dance and science? 			
Unit Strands	Perform correct vocabulary terms for movements Create alignment Kinesthetic Context Respond using anatomical vocabulary			
Concepts	Technique, Law/rules, Order/form, Movement, Variation, Anatomical, Function, Accuracy, Line, Shape, Aesthetic, Interpretation			

Generalizations My students will Understand that...	Guiding Questions	
	Factual	Conceptual
Dance movement variations and technical ballet proficiency corresponds directly to kinesthetic and anatomical functions. (DA09-GR.HSFP-S.1-GLE.1, 2, 3) and (DA09-GR.HSFP-S.4-GLE.2)	Is your hip joint in flexion or extension in an arabesque?	What are the aesthetic values of a dancer’s body position?
Ballet technique requires interpreting key anatomical elements that allows for ease and accuracy of line and shape. (DA09-GR.HSFP-S.1-GLE.1, 2, 3) and (DA09-GR.HSFP-S.4-GLE.2)	What is the relationship between a dancer’s knee and foot in a demi-plie?	How does developing strength, flexibility, and endurance through dance contribute to fitness and wellness?

Curriculum Development Overview
Unit Planning for High School Dance – Fundamental Pathway

Critical Content: My students will Know ...	Key Skills: My students will be able to (Do) ...
<ul style="list-style-type: none"> • Correct alignment for a ballet dancer (such as rotation) (DA09-GR.HSFP-S.1-GLE.1, 2, 3) and (DA09-GR.HSFP-S.4-GLE.2) • Basic anatomical elements in relationship to ballet (such as port de bras, tendu, relevé) (DA09-GR.HSFP-S.1-GLE.1, 2, 3) and (DA09-GR.HSFP-S.4-GLE.2) • Anatomical vocabulary (such as bones, muscles, torso) (DA09-GR.HSFP-S.1-GLE.1, 2, 3) and (DA09-GR.HSFP-S.4-GLE.2) • How the actions of muscles and joints work to move a body in space. (ex: muscles move bones) (DA09-GR.HSFP-S.1-GLE.1, 2, 3) and (DA09-GR.HSFP-S.4-GLE.2) 	<ul style="list-style-type: none"> • Discuss how dance can contribute to fitness, wellness, and a positive self-image. (DA09-GR.HSFP-S.1-GLE.2-EO.a) • Identify joints used for mobility, and relate anatomy to movement (DA09-GR.HSFP-S.1-GLE.2-EO.b) • Identify key anatomical elements that contribute to varying dance movements. (DA09-GR.HSFP-S.1-GLE.2-EO.c) • Develop awareness of center and alignment while efficiently articulating ballet technique. (DA09-GR.HSFP-S.1-GLE.1-EO.c) • Increase movement vocabulary (DA09-GR.HSFP-S.1-GLE.3-EO.e) • Create a short dance based on a series of concepts from another academic area. (DA09-GR.HSFP-S.4-GLE.2-EO.b)

<p>Critical Language: includes the Academic and Technical vocabulary, semantics, and discourse which are particular to and necessary for accessing a given discipline. EXAMPLE: A student in Language Arts can demonstrate the ability to apply and comprehend critical language through the following statement: <i>“Mark Twain exposes the hypocrisy of slavery through the use of satire.”</i></p>	
<p>A student in _____ can demonstrate the ability to apply and comprehend critical language through the following statement(s):</p>	<p><i>Through the disciplined art of ballet, a dancer will learn to demonstrate movement skills and technical proficiency while performing with expression, analyzing the cultural influence of ballet tradition and using ballet vocabulary to create ballet phrases.</i></p>
<p>Academic Vocabulary:</p>	<p>Rotation, Kinesthetic Awareness, Planes, Motion, Control, Release, Kinesiology, Biomechanics, Direction, Actions</p>
<p>Technical Vocabulary:</p>	<p>Extension, Flexion, Degree, Names of Bones and Muscles, Abduction, Adduction, Joints</p>